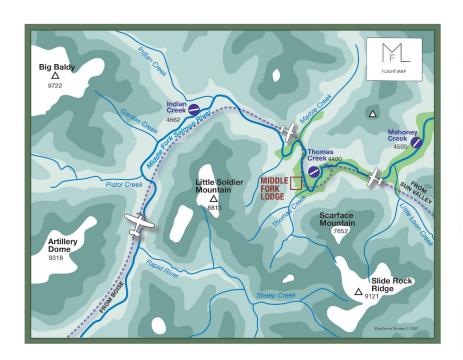
## LODGE

#### Rafting Trip Logistics and Details

#### How to get to Middle Fork Lodge:

Middle Fork Lodge is located approximately 100 miles northeast of Boise. It is on the banks of the Middle Fork of the Salmon River and in the heart of Idaho's famous 2.3 million acre Frank Church River of No Return Wilderness Area. Most guests access the Lodge by charter plane. A veteran backcountry pilot can fly you from Boise, Sun Valley, Stanley, or McCall airport. Your flight time will be approximately 45 minutes from Sun Valley, an hour from Boise and thirty minutes from Stanley, or McCall. You will land at the Thomas Creek Airstrip where our staff will greet you for a short drive to the Lodge.

 Charter planes to Thomas Creek Airstrip should be scheduled to coincide with our check-in (10:00 a.m.) and check-out (9:00 a.m.) times.



#### How to get to Stanley:

We will have a pre-trip mandatory meeting at 6:00 p.m. the night before your launch date. Please plan to arrive in Stanley by 5:00 p.m. that evening.

- Boise and Sun Valley are serviced by major U.S. carriers and provide ready access for corporate aircraft. Additionally, a smaller backcountry air charter can get you to Stanley, as well.
- OR rent a car and enjoy the scenic mountain drive from either Boise (about 2.5 3 hours) or from Sun Valley (about an hour). We can assist with getting your personal car or rental car shuttled from Stanley to Salmon, Idaho. The cost typically runs around \$125.

## LODGE

#### Lodging Before & After Your Trip:

As mentioned above, you will need to arrive in Stanley, ID the night before your trip begins. We ask that you please make your reservation with ample time before your trip. If you are rafting the lower portion of the river with us, we will transport you back to Salmon, ID. We target to be back by 2PM that day. It is from there that you can plan your departure either back through Sun Valley or Boise.

#### STANLEY LODGING:

- Mountain Village Lodge:
  - \* Centrally located 60-Room Hotel and meeting spot the night before your trip | mountainvillagelodge.com | 800-843-5475
- Redfish Lake Lodge:
  - \* Scenic lodge and cabins on Redfish Lake | Located 8 miles south of Stanley | redfishlake.com | 208-774-3536
- Idaho Rocky Mountain Ranch:
  - \* Artfully renovated cabins and lodge rooms, elegant dining, hot springs | Located 10 miles south of Stanley | idahorocky.com | 800-843-5475

#### SALMON LODGING:

- Stagecoach Inn:
  - \* Large hotel on Salmon River, within short walking distance to downtown | stagecoachinmotel | 208-756-2919



#### MFL Rafting Provides the Following:

- Transportation from Stanley to Boundary Creek (put in)
- Transportation from river take out at Cache Bar to Salmon, ID
- Large dry bag for personal gear, smaller dry bag for essential items to keep handy on raft
- Sleeping Bag
- Sleeping Pad
- Sleeping Cot
- Pillow
- Camp Chairs
- River-gourmet meals, snacks and beverages including beer, wine, coffee, tea, juice, water

#### Guest Responsibilities:

- Personal Gear (see list on page 3 below)
- Transportation to beginning point either to Stanley or Middle Fork Lodge
- Conditions may require us to fly into an alternate airstrip in rare situations | Typically \$125/person
- Tipping river guides: Gratuities are always appreciated, but optional. Tips are generally 15% of your total trip cost.
- Transportation from ending point in Salmon or Middle Fork Lodge. If you are rafting the lower portion of the Middle Fork, you will be transported by bus from the take-out point at Cache Bar to Salmon, Idaho. With prior arrangements, your car can be waiting in Salmon or we can drop you off at the Salmon airport for your air charter back to Boise, Sun Valley or other point of origin.

## LODGE

#### Guest Responsibilities - Personal Gear | Packing List :

- Rain Jacket & Rain Pants
- Fleece Jacket
- Sun Hat
- Swimsuit
- Sun Protection (sunscreen, bandanna, long sleeve shirt)
- Sunglasses w/ Strap
- Quick dry shorts (2 pair)
- Quick dry shirts (1 long sleeve, 1 short sleeve)
- River Sandals | closed toe = best (Teva, Chaco, Keen)
- Hiking or Running Shoes for Camp
- Socks (1-2 pairs)
- Comfortable Pants, Skirts, Cotton Shorts for in camp (cotton okay)
- · Long Underwear
- · Beanies & Gloves
- Headlamp/Flashlight
- Journal/Notebook/Book
- Small Camera (+ waterproof case)
- Personal Medications
- Water Bottle w/ Carabiner
- Flashlight/Headlamp
- Insect Repellent
- Small Towel
- Toiletries
- Medications
- Small day pack (optional)
- Fishing Gear and License

#### Weather:

Weather in the Frank Church Wilderness can vary greatly. You can experience a wide range of temperatures from cold and rainy to hot, dry and sunny. The area is semi-arid and summer daytime temperatures range from 75 to 95 degrees with evening temperatures dropping down into the 40s and 50s. Summer thunderstorms can occur. Quality gear for diverse conditions will be your best bet for a comfortable trip.

#### Dry Bags:

You will be assigned two dry bags at the pre-trip meeting either in Stanley or at MFL, depending on your put in location. The large dry bag will carry all of your sleeping gear and personal gear that you will use at camp. The smaller of the two dry bags will be for the items that you will need during your daily river trips.

Large Dry Bag



Small Day Bag



# LODGE

#### Types of Boats on the River:

- Oar Boat | Operated by a professional guide, carries up to four people, smoothest river experience, most common
- Paddle Boat | Designed for more active participants. Each participant has a paddle to help negotiate the raft down the rapids. A professional guide is on board, also paddling, and sits in the rear of the boat calling commands for all paddlers.
- Inflatable Kayaks | Available upon request, IK's give you the control. Guides will provide directions, but are not on board.
- Gear Boats | 2 gear boats per party that will travel downstream to set up camp for your comfort

#### Fishing:

If you plan on fishing during your river trip you will need to secure a license. This can easily be done by visiting https://id.outdoorcentral.us

The entirety of the Middle Fork Stretch of the Salmon is under catch and release laws and single-barbless hooks are used when fishing. If you plan on fishing please feel free to bring your own gear and please call our office for more detailed gear recommendations.

